



Let's Yoga!

Get centered with our FREE yoga class! Practice breathing, stretches and gentle yoga poses. Please wear comfortable clothes and bring your own yoga mat.

Invite your friends!

Every Wednesday and Saturday | 9:00 A.M. - 10:00 A.M.

Florida Blue Center- Pensacola

1680 Airport Blvd, Pensacola, FL 32504

To attend this event, visit scheduler.floridablue.com or scan the QR code below.

As a hub for a healthier life, the Florida Blue Centers connect neighbors like you to services, support, and advice that help you achieve better health. As part of your community, we make it a priority to inspire and motivate you to take an active role in your health and wellness.



Scan the QR code to learn more.

1-850-202-4150
floridablue.com/center

Florida Blue 
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