



FOR IMMEDIATE RELEASE

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Women's Event on April 28 to Benefit Women in Need of Healthcare

A day designed by women for women ages 55+ will become an opportunity to provide healthcare for women in need. The "Educate, Enlighten, Empower" women-only event will take place Saturday, April 28, from 8 a.m. to 2:30 p.m. at the Sacred Heart Hospital Conference Center on Ninth Avenue in Pensacola. The fifth annual symposium is being sponsored by Mainstay Financial Group in partnership with Sacred Heart Senior Services. Proceeds from the event will go to Sacred Heart Foundation to help provide healthcare for women in need.

WEAR-TV 3's Sue Straughn will serve as emcee for the occasion. Keynote speaker will be Julie Clark Lingen, who will talk about living life to its fullest. She is an award-winning author, speaker and life coach who wrote "Inspirational Coffee Breaks for Women: 12 Ground Rules for Pouring Your Heart into Life."

Additional presentations during the event include:

- **Wellness: Financial Stability**, with Annalee Leonard, Founder & President, Mainstay Financial Group
- **Wellness: Staying Strong**, with Susan Burke, PT, MS, DPT, Sacred Heart Rehabilitation
- **Wellness: Well Organized for Living**, with Cindy Brown, owner of Organize Etc!

Cost is \$50 per person and includes breakfast, a buffet lunch, a fashion show by Chico's and door prizes. (Registration after April 9 is \$60; tickets at the door will be \$65.) Special event pricing is available. Purchase two tickets, get the third ticket for half off, or buy five tickets and get the sixth ticket free.

Sponsors are currently being sought for the event, and opportunities include placing an ad in the program booklet and purchasing a business directory listing. Businesses are encouraged to purchase tickets for their female employees or associates.

During the 2017 E3 symposium, more than \$10,000 was raised to support healthcare for women in need through Sacred Heart Health System's Women's Care Center.

Purchase tickets online at PowerofE3.com or call 850-437-3127.

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