



FOR IMMEDIATE RELEASE

## Baptist Health Care Offers Wellness Education Classes in February

**PENSACOLA, Fla. (Jan. 24, 2019)** – As part of its ongoing commitment to the health and well-being of the community it serves, Baptist Health Care will offer the following free wellness education classes during February:

### **What is Atrial Fibrillation?**

Wed., Feb. 13, 11:30 a.m. lunch; noon to 1 p.m. seminar

Thabet Alsheikh, M.D., FACC, cardiac electrophysiologist, Baptist Heart & Vascular Institute  
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery Street Entrance

### **Important Questions to Ask Your Pharmacist**

Thurs., Feb. 21, 11:30 a.m. lunch; noon to 1 p.m. seminar

Anna M. Kisor, pharmacy manager, Baptist Medical Park – Nine Mile Pharmacy  
Baptist Medical Park – Nine Mile, 9400 University Parkway, Azalea Room

### **Atrial Fibrillation: What It Means for You**

Fri., Feb. 22, 11:30 a.m. lunch; noon to 1 p.m. seminar

Evan Giedrimas, M.D., cardiac electrophysiologist, Baptist Heart & Vascular Institute  
Andrews Institute Athletic Performance & Research Pavilion, 1020 Gulf Breeze  
Parkway, Conference Room B

Those interested in attending any of these events should register by calling 850.469.7897. Reservations are required.

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### **CONTACT BELOW IS FOR MEDIA USE ONLY**

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or [BHCMediaRelations@bhcpns.org](mailto:BHCMediaRelations@bhcpns.org).

### *About Baptist Health Care*

*Baptist Health Care is a community-owned, not-for-profit health care organization committed to improving the quality of life for people and communities in Northwest Florida and South Alabama. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center, Baptist Medical Group and Baptist Heart & Vascular Institute. With more than 6,500 employees and employed physicians, Baptist Health Care is the largest non-governmental employer in Northwest Florida. For more information, please visit [www.eBaptistHealthCare.org](http://www.eBaptistHealthCare.org).*

*Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants*