



FOR IMMEDIATE RELEASE

## Baptist Health Care Offers Support Groups in January

**PENSACOLA, Fla. (Jan. 3, 2019)** – Baptist Health Care offers a variety of support groups in January to help local families enjoy a better quality of life:

### Weight-Loss Surgery Support Group

Tues., Jan. 8, 5:30 to 6:30 p.m.

Baptist Towers, Tower 3, Ground Floor, Baptist Weight-Loss Center  
1717 North E St.

For more information, call 850.437.8746.

### Oncology Nutrition Class

Tues., Jan. 8, 3 to 4 p.m.

Baptist Towers, Tower 3, Suite 233, 1717 North E St., Avery Street entrance

For more information, call 850.469.7439.

### Patient and Family Cancer Support Group

Tues., Jan. 8 and 22, 4 to 5:30 p.m.

Baptist Towers, Tower 3, Suite 233, 1717 North E St., Avery Street entrance

For more information, call 850.469.7372.

### Prostate Cancer Support Group

Thurs., Jan. 10, 5 to 6:30 p.m.

Baptist Towers, Tower 3, Suite 233, 1717 North E St., Avery Street entrance

For more information, call 850.469.7372.

### Grief Support Group

Wednesdays, Jan. 16 – Feb. 20, 1 to 2:30 p.m. (six consecutive weeks)

For more information, call 850.469.7197.

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CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or [BHCMediaRelations@bhcpns.org](mailto:BHCMediaRelations@bhcpns.org).

### *About Baptist Health Care*

*Baptist Health Care is a community-owned, not-for-profit health care organization committed to improving the quality of life for people and communities in Northwest Florida and South Alabama. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine,*

*Lakeview Center, Baptist Medical Group and Baptist Heart & Vascular Institute. With more than 6,500 employees and employed physicians, Baptist Health Care is the largest non-governmental employer in Northwest Florida. For more information, please visit [www.eBaptistHealthCare.org](http://www.eBaptistHealthCare.org).*

*Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants*