



**FOR IMMEDIATE RELEASE**  
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**Media Contact: Mike Burke**  
**850-416-1153**

## **Sacred Heart to Provide Free Flu Shots in Pensacola, Gulf Breeze and Milton**

Sacred Heart Health System continues its schedule of free flu shots during November for adults ages 18 and older. Everyone 6 months and older is recommended for annual influenza vaccination, with rare exceptions, according to the Centers for Disease Control. It is also recommended that pregnant women and people with chronic health conditions get the vaccination. It's important to get the vaccination early to allow for antibodies to build up – before the flu begins to spread in a community.

The free flu shots will be provided at locations in Pensacola, Milton and Gulf Breeze. Following is the schedule for November:

- Nov. 1 from 9 to 11:30 a.m., St. Ann Catholic Church, 100 Daniel St., Gulf Breeze.
- Nov. 3 from 9 a.m. to 12 p.m. at Greater Bethlehem AME Church, 5299 Richburg St., Milton.
- Nov. 6 from 9 to 11:30 a.m. at Nativity of Our Lord Catholic Church, 9945 Hillview Dr., Pensacola.
- Nov. 7 from 7:30 to 10 a.m. at Loaves & Fishes, 257 E. Lee St., Pensacola.
- Nov. 8 from 9 to 11:30 a.m. at St. Christopher's Episcopal Church, 3200 N. 12<sup>th</sup> Ave., Pensacola.
- Nov. 13 from 8:30 to 11 a.m. at St. Rose of Lima Catholic Church, 6451 Park Ave., Milton.
- Nov. 14 from 9 to 11:30 a.m. at Catholic Church of the Holy Spirit, 10650 Gulf Beach Hwy., Pensacola.
- Nov. 15 from 8 to 10:30 a.m. at St. Joseph's Medical Clinic, 131 W. Intendencia St., Pensacola.
- Nov. 27 from 9 to 11:30 a.m. at Wesley Scott Place, 3300 W. Scott St., Pensacola.
- Nov. 29 from 9 to 11:30 a.m. at Warrington United Methodist Church, 301 E. Winthrop Ave., Pensacola.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

### **About Sacred Heart Health System**

In Florida, Ascension operates Sacred Heart Health System based in Pensacola and St. Vincent's HealthCare based in Jacksonville. Ascension's facilities in Florida include seven hospitals and more than 100 other sites of care and together they employ more than 10,000 associates. Across the region, Sacred Heart and St. Vincent's have served North Florida communities for more than 145 years. In fiscal year 2017, they provided \$168 million in community benefit and care of persons living in poverty. Ascension ([www.ascension.org](http://www.ascension.org)) is a faith-based healthcare organization dedicated to transformation through innovation across the continuum of care. As the largest non-profit health system in the U.S. and the world's largest Catholic health system, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension includes approximately 156,000 associates and 34,000 aligned providers. Ascension's Healthcare Division operates more than 2,600 sites of care – including 151 hospitals and more than 50 senior living facilities – in 21 states and the District of Columbia. For more information on Sacred Heart Health System, visit [healthcare.ascension.org](http://healthcare.ascension.org).