Sacred Heart to Provide Free Health Screenings in Pensacola, Pace, Century

During January, Sacred Heart Health System will provide free heart-health screenings at locations in Pensacola, Pace and Century for adults who are poor, elderly or uninsured. Heart-health screenings will measure blood pressure, blood sugar and total cholesterol, and can detect anemia. The screenings are helpful in diagnosing conditions that put people at high risk for heart attack, stroke, diabetes and other health problems.

The January schedule is:

- Jan. 8 from 9 to 11:30 a.m. at the Fricker Center, 900 N. "F" St., Pensacola.
- Jan. 16 from 9 to 11:30 a.m. at First United Methodist Church of Pace, 4540 Chumuckla Hwy., Pace.
- Jan. 22 from 9 to 11:30 a.m. at St. John's Catholic Church, 303 S. Navy Blvd., Pensacola.
- Jan. 23 from 9 to 11:30 a.m. at the Cobb Center, 601 E. Mallory St., Pensacola.
- Jan. 29 from 9 to 11:30 a.m. at Westwood Homes, 4400 Westover St., Pensacola.
- Jan. 30 from 9 to 11:30 a.m. at Century Senior Center, 6025 Industrial Blvd., Century.

The heart-health screenings are sponsored each month by Sacred Heart Hospital in Pensacola. In 2018, the hospital was named one of the nation's 50 Top Cardiovascular Hospitals for inpatient cardiovascular care by IBM Watson Health^{TM}.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

About Sacred Heart Health System
In Florida, Ascension operates Sacred Heart Health System based in Pensacola and St. Vincent's HealthCare based in Jacksonville. Ascension's facilities in Florida include seven hospitals and more than 100 other sites of care and together they employ more than 10,000 associates. Across the region, Sacred Heart and St. Vincent's have served North Florida communities for more than 145 years. In fiscal year 2017, they provided $168 million in community benefit and care of persons living in poverty. Ascension (www.ascension.org) is a faith-based healthcare organization dedicated to transformation through innovation across the continuum of care. As the largest non-profit health system in the U.S. and the world's largest Catholic health system, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension includes approximately 156,000 associates and 34,000 aligned providers. Ascension's Healthcare Division operates more than 2,600 sites of care – including 151 hospitals and more than 50 senior living facilities – in 21 states and the District of Columbia. For more information on Sacred Heart Health System, visit healthcare.ascension.org.

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