



FOR IMMEDIATE RELEASE
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Sacred Heart Cancer Center Launches Cancer-Education Series

Sacred Heart Cancer Center in Pensacola will launch a free cancer-education series titled “Managing Life with Cancer” on Jan. 9, 2019. The four-week series, which repeats each month, will be offered on Wednesdays from 10 to 11 a.m. in the Cancer Center’s conference room C on the third floor.

The program will give those diagnosed with cancer an opportunity to connect with other cancer patients. It will focus on the following topics: common emotions associated with a cancer diagnosis; healthy coping skills; safe exercises; and sources of personal hope and self-care.

The series is open to all cancer patients and their adult family members. Pre-registration is required as space is limited.

To register, or for more information, please call 850-416-2679.

About Sacred Heart Health System

In Florida, Ascension operates Sacred Heart Health System based in Pensacola and St. Vincent’s HealthCare based in Jacksonville. Ascension’s facilities in Florida include seven hospitals and more than 100 other sites of care and together they employ more than 10,000 associates. Across the region, Sacred Heart and St. Vincent’s have served North Florida communities for more than 145 years. In fiscal year 2017, they provided \$168 million in community benefit and care of persons living in poverty. Ascension (www.ascension.org) is a faith-based healthcare organization dedicated to transformation through innovation across the continuum of care. As the largest non-profit health system in the U.S. and the world’s largest Catholic health system, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension includes approximately 156,000 associates and 34,000 aligned providers. Ascension’s Healthcare Division operates more than 2,600 sites of care – including 151 hospitals and more than 50 senior living facilities – in 21 states and the District of Columbia. For more information on Sacred Heart Health System, visit healthcare.ascension.org.

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