



FOR IMMEDIATE RELEASE

Baptist Heart & Vascular Institute to Host A Heart for Life Event

PENSACOLA, Fla. (Jan. 23, 2019) – The public is invited to learn how to have a healthy heart during the Baptist Heart & Vascular Institute’s A Heart for Life event Sat., Feb. 2 from noon to 4 p.m. at Cordova Mall, 5100 North 9th Ave. in Pensacola.

Heart experts from Baptist will be on hand during this family-friendly, interactive educational event to demonstrate CPR and offer tips on healthy eating and how to quit smoking. Participants can also enjoy other heart healthy activities including a de-stress station and blood pressure screenings. Event attendees will receive a gift while supplies last.

More information is available at eBaptistHealthCare.org or by calling 850.469.5736.

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CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Kathy Bowers at 850.791.5254 or BHCMediaRelations@bhcpns.org.

About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization committed to improving the quality of life for people and communities in Northwest Florida and South Alabama. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center, Baptist Medical Group and Baptist Heart & Vascular Institute. With more than 6,500 employees and employed physicians, Baptist Health Care is the largest non-governmental employer in Northwest Florida. For more information, please visit www.eBaptistHealthCare.org.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants