

FOR IMMEDIATE RELEASE
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Goggles Comfort Children During MRI

PENSACOLA, Fla. — MRI scans are now a smoother, more comfortable experience for patients of The Studer Family Children's Hospital at Sacred Heart, thanks to two new pairs of MRI Cinemavision goggles.

During an MRI, the goggles enable children to watch DVDs or broadcast television, as well as listen to music through internet radio or an MP3 player. Becoming completely absorbed in entertainment decreases anxiety and reduces the need for sedation, particularly in younger children who have a hard time sitting still.

"In addition to a more comfortable patient experience, the MRI goggles have helped improve our patient care," said Brianna Perdue, lead MRI technologist of Sacred Heart Hospital Pensacola. "By encouraging kids to lie still, MRI goggles improve the scan quality, which ultimately leads to clearer test results and more accurate diagnoses.

Goggles can also be used by special request to comfort adult patients suffering from claustrophobia or PTSD.

MRI goggles are currently offered at Airport Medical Park, Sacred Heart Hospital Pensacola and The Children's Hospital, both on an inpatient and outpatient basis. For outpatient tests, the MRI goggles can be requested at the time of scheduling. During a hospital stay, patients needing an MRI can request the goggles from their doctor, nurse or MRI technologist.

The Studer Family Children's Hospital at Sacred Heart is a 117-bed facility that serves as the only children's hospital in Northwest Florida. The Children's Hospital offers a wide range of services to meet all of a child's medical needs, from a pediatric emergency room and neonatal intensive care unit to a medical staff of more than 120 board-certified physicians across 30 pediatric specialties. The Children's Hospital provides quality, compassionate care to children, regardless of their parents' ability to pay. Sacred Heart Health System is a member of Ascension, the largest non-profit health system in the U.S. and the world's largest Catholic health system. For more information about the services available at The Studer Family Children's Hospital at Sacred Heart, visit www.sacred-heart.org/childrenshospital.

Photo Caption

During an MRI test, 12-year-old Chloe watches the movie *Enchanted* using new Cinemavision goggles at Sacred Heart Hospital Pensacola and The Studer Family Children's Hospital. Watching over her are MRI technologists Andy Anderson and Kelly Carson.

About Sacred Heart Health System

On the Gulf Coast, Ascension operates Sacred Heart Health System based in Pensacola, Fla. and Providence Hospital and Providence Medical Group based in Mobile, Ala. Together, these Ascension healthcare facilities have served Gulf Coast communities for more than 160 years and they employ more than 6,600 associates. Across the region, Ascension provided more than \$113 million in community benefit and care of persons living in poverty in fiscal year 2016. Ascension is a faith-based healthcare organization committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension is the largest non-profit health system in the U.S. and the world's largest Catholic health system, operating 2,600 sites of care – including 151 hospitals and more than 50 senior living facilities – in 22 states and the District of Columbia. For more on Sacred Heart Health System, visit www.sacred-heart.org.

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