Sacred Heart to Provide Free Health Screenings in August

During August, Sacred Heart Health System will provide free heart-health and osteoporosis screenings at locations in Pensacola, Navarre, Milton and Beulah for adults who are poor, elderly or uninsured.

Heart-health screenings will measure blood pressure, blood sugar and total cholesterol, and can detect anemia. The screenings are helpful in diagnosing conditions that put people at high risk for heart attack, stroke, diabetes and other health problems. Osteoporosis screenings measure bone density.

Following is the schedule for August:

- Aug. 1 from 7:30 to 10 a.m. at Loaves & Fishes, 257 E. Lee St., Pensacola. Osteoporosis screenings only.
- Aug. 4 from 10 a.m. to 12 p.m. at Greater Bethlehem AME Church, 5299 Richburg St., Milton. Osteoporosis screenings only.
- Aug. 7 from 9 to 11:30 a.m. at EH Pullum Senior Center, 8476 Gordon Goodin Lane, Navarre. Osteoporosis screenings only.
- Aug. 11 from 9 to 11:30 a.m. at Macedonia Baptist Church, 3802 N. 9th Ave., Pensacola. Heart-health screenings only.
- Aug. 15 from 9 to 11:30 a.m. at Little Flower Catholic Church, 6495 Lillian Hwy., Pensacola. Osteoporosis screenings only.
- Aug. 16 from 9 to 11:30 a.m. at Catholic Church of the Holy Spirit, 10650 Gulf Beach Hwy., Pensacola. Osteoporosis screenings only.
- **Aug. 21 CANCELLED**
- Aug. 22 from 9 to 11:30 a.m. at Fricker Center, 900 N. "F" St., Pensacola. Osteoporosis screenings only.
- Aug. 28 from 9 to 11:30 a.m. at Beulah Senior Center, 7425 Woodside Rd., Beulah. Heart-health screenings only.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

About Sacred Heart Health System
In Florida, Ascension operates Sacred Heart Health based in Pensacola and St. Vincent's HealthCare based in Jacksonville. Together, Ascension operates seven hospitals and more than 100 other sites of care, and they employ nearly 10,000 associates. Across the region, Sacred Heart and St. Vincent's have served North Florida communities for more than 145 years. In fiscal year 2017, they provided $168 million in community benefit and care of persons living in poverty. Ascension (www.ascension.org) is a faith-based healthcare organization dedicated to transformation through innovation across the continuum of care. As the largest non-profit health system in the U.S. and the world's largest Catholic health system, Ascension is committed to delivering compassionate, personalized care to all, with special attention to persons living in poverty and those most vulnerable. Ascension includes approximately 165,000 associates and 34,000 aligned providers. Ascension's Healthcare Division operates more than 2,600 sites of care – including 153

hospitals and more than 50 senior living facilities – in 22 states and the District of Columbia. For more information on Sacred Heart Health System, visit www.sacred-heart.org.

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