



FOR IMMEDIATE RELEASE

Baptist Health Care Offers Parenthood Education and Classes – August 2018

PENSACOLA, Fla. (July 24, 2018) – Baptist Health Care offers expectant mothers choices to tailor the birth experience from early pregnancy through the months following baby’s arrival. Our dedicated Baptist Women’s Center team of nurses and educators are specially trained to make the birthing experience special.

Prepared Childbirth (four-class series) – \$90 per couple

July 31, Aug. 2, 7, 9; 6 to 9 p.m.

Aug. 18, 9 a.m. – 3 p.m., one-day class

Baptist Hospital, 1000 West Moreno St., Prenatal Classroom, 3rd Floor

This four-week series prepares you and your partner for the labor and delivery journey.

Baby Care Basics – \$20 per couple

Tues. and Thurs., Aug. 21 and 23, 6 to 8 p.m.

Baptist Hospital, 1000 W. Moreno St., Prenatal Classroom, 3rd Floor

This class walks you through what to expect in the hospital and at home. A key milestones guide will be provided to help monitor baby’s growth and needs.

Breastfeeding – \$20 per couple

Tues. and Thurs., Aug. 28 and 30, 6 to 9 p.m.

Baptist Hospital, 1000 W. Moreno St., Prenatal Classroom, 3rd Floor

This class teaches how breastfeeding works, the best way to start and what choices will result in a rewarding breastfeeding experience.

Baptist Women’s Center Tours

We offer tours of the Baptist Women’s Center on Saturdays at 10 a.m. To reserve a spot or schedule a different time, call 850.434.4567. Space is limited.

Monthly Series Package – \$125 per couple

This package includes Prepared Childbirth, a four-class series or one all-day class, two Breastfeeding classes and two Baby Care Basics classes.

Classes are offered throughout the year. View the schedule at eBaptistHealthCare.org/birth by clicking on classes. To register for classes, call 850.434.4567. If calling after normal business hours, leave a detailed message, and someone will return your call to confirm registration and discuss payment options. Expectant mothers are encouraged to register for parenthood education classes three months prior to their due date.

CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact 850.791.5254 or BHCMediaRelations@bhcpns.org

About Baptist Health Care

Baptist Health Care is a community-owned, not-for-profit health care organization committed to improving the quality of life for people and communities in Northwest Florida and South Alabama. The organization is a proud member of the Mayo Clinic Care Network. A 2003 Malcolm Baldrige recipient, Baptist continuously strives to be a national leader in quality and service. Baptist Health Care includes three hospitals, four medical parks, Andrews Institute for Orthopaedic & Sports Medicine, Lakeview Center, Baptist Medical Group and Cardiology Consultants. With more than 6,500 employees and employed physicians, Baptist Health Care is the largest non-governmental employer in Northwest Florida. For more information, please visit www.eBaptistHealthCare.org.

Baptist Health Care • Baptist Hospital • Gulf Breeze Hospital • Jay Hospital • Lakeview Center • Baptist Medical Park – Nine Mile • Baptist Medical Park – Navarre • Baptist Medical Park – Pace • Baptist Medical Park – Airport • Andrews Institute • Baptist Medical Group • Baptist Heart & Vascular Institute • Cardiology Consultants • Mayo Clinic Care Network

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