

## **Swim Safe: What to Do If You're Injured at a Pool**

Whether it's at a public pool, a private gym or in your own backyard, as summer fast approaches, swimming can be a refreshing break from the heat. But happens if your relaxing swim is cut short because you [slip and fall](#)? If you ever find yourself involved in a pool-related accident, this is what you need to know

### **Causes of Pool-Related Slip and Falls**

[Slip-and-fall accidents](#) can occur anywhere surrounding a pool, be it on a diving board, water slide, or even in the shallow end. One of the most dangerous causes of pool accidents is falling off a diving board and hitting either the board or another hard surface on your way down. Wet pool decks are also often a source of slip and falls that can lead to head, neck or spinal injuries. Ladders leading up to diving boards or water slides often lose traction over time and become slippery as a result. Furthermore, if you fall in the shallow end and trip, it's possible to strike one's head against the floor of the pool.

### **Legal Responsibilities of Pool Owners**

Although they may be crowded, public pools are often the safest swimming option. Municipal pool owners have the duty to use reasonable care in everything from the construction of the pool to any changes or improvements made. This means they generally use slip-resistant materials and or slip-resistant paint from the locker rooms to the pool deck.

Property owners have a duty of standard of reasonable, which means they are under obligation to make his or her property safe for any and all visitors. The law, however, does not guarantee absolute safety but rather that property owners keep visitors safe under reasonable circumstances. To file a lawsuit against a pool owner, you must prove that they are in breach of their duty to keep visitors safe and that the breach caused significant damages.