

# Lakeview Center



BAPTIST HEALTH CARE

FOR IMMEDIATE RELEASE

## Mental Health Month 'Ending the Silence' Walk

**Pensacola, Fla. (May 1, 2018)** – Exercise can help improve mental health so why not join Lakeview Center for a 3K walk through Downtown Pensacola during Mental Health Month? Walk with us to help remove the stigma associated with mental illness.

The National Alliance on Mental Illness (NAMI) Pensacola group organized the event that Lakeview sponsors:

**What:** NAMI Ending the Silence Walk

**Who:** Lakeview Center is a sponsor of this Pensacola NAMI chapter event

**When:** Saturday, May 12 starting at 8 a.m.

**Where:** The Blue Wahoos stadium at the Vince Whibbs, Sr. Community Maritime Park

**Why:** Let people know there is no shame in seeking help for mental illness.

**How:** Register as an individual or a team at: [namipensacola.com/](http://namipensacola.com/)

NAMI is a community partner of Lakeview Center. The organization provides support and education for the family and friends of individuals living with mental illness and gives a voice to those who need services. Funds raised at this walk go to help train and support these vital programs and educators.

For more information, call 850.208.1609 or email [namipensacola@gmail.com](mailto:namipensacola@gmail.com). For questions about the Lakeview Team, call Tasa Isaak at 850.469.3565.

### CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Tish Pennewill at 850.469.3621 or [Tish.Pennewill@bhcpns.org](mailto:Tish.Pennewill@bhcpns.org) or Lori Zavada at 850.469.3508 or [Lori.Zavada@bhcpns.org](mailto:Lori.Zavada@bhcpns.org).

#### *About Lakeview Center, Inc. Behavioral Health*

*The Mission of Lakeview Behavioral Health is to help people throughout life's journey. We specialize in providing effective, research-based services for children and adults with mental illnesses, drug and alcohol dependencies, and intellectual disabilities. Our services range from inpatient and residential treatment to outpatient counseling, psychiatry, case management, day treatment, and round-the-clock support for those with serious mental illnesses. Additionally, Lakeview Behavioral Health provides specialized trauma services, medication-assisted treatment for opiate dependency, and medically supervised drug and alcohol detoxification. In all, Lakeview Behavioral Health offers more than 60 programs and services for people in the northwest Florida area. To learn more, go online to [eLakeviewCenter.org](http://eLakeviewCenter.org).*

*Lakeview Center Inc. • Behavioral Health • Vocational Services • Child Protective Services*

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