



FOR IMMEDIATE RELEASE
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Sacred Heart to Provide Free Health Screenings in May

During May, Sacred Heart Health System will provide free heart-health screenings at locations in Pensacola, Cantonment, Chumuckla and Navarre for adults who are poor, elderly or uninsured. Two locations in Pensacola will provide osteoporosis screenings.

Heart-health screenings will measure blood pressure, blood sugar and total cholesterol, and can detect anemia. The screenings are helpful in diagnosing conditions that put people at high risk for heart attack, stroke, diabetes and other health problems. Osteoporosis screenings measure bone density.

Following is the schedule for May:

- May 1 from 9 to 11:30 a.m. at Warrington United Methodist Church, 301 E. Winthrop Ave., Pensacola. Heart-health screenings.
- May 8 from 9 to 11:30 a.m. at Cantonment Council on Aging, 132 Mintz Lane, Cantonment. Heart-health screenings.
- May 9 from 9 to 11:30 a.m. at Ebonwood Community Center, 3511 W. Scott St., Pensacola. Heart-health screenings.
- May 17 from 9 to 11:30 a.m. at Chumuckla Community Church, 8008 Chumuckla Hwy., Chumuckla. Heart-health screenings.
- May 22 from 9 to 11:30 a.m. at EH Pullum Senior Center, 8476 Gordon Goodin Lane, Navarre. Heart-health screenings.
- May 23 from 9 to 11:30 a.m. at WESCO Senior Center, 904 N. 57th Ave., Pensacola. Osteoporosis screenings.
- May 29 from 9 to 11:30 a.m. at Nativity of Our Lord Catholic Church, 9945 Hillview Dr., Pensacola. Heart-health screenings.
- May 30 from 9 to 11:30 a.m. at Cobb Center, 601 E. Mallory St., Pensacola. Osteoporosis screenings.

For more information about Sacred Heart's "Mission in Motion" community-health screenings, please call 850-416-7826.

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