



WEAR RED AND SHOW THE LOVE!

FEBRUARY 1ST IS NATIONAL WEAR RED DAY. JOIN GREER'S IN SUPPORTING THE AMERICAN HEART ASSOCIATION DURING HEART HEALTH MONTH, ALL FEBRUARY LONG. SEE STORES TO DONATE, AND VISIT GOREDFORWOMEN.ORG TO SEE HOW YOUR DONATION MAKES A DIFFERENCE!
GREAT TEAM • FRIENDLIEST SERVICE • COMMUNITY CONNECTED • GPTW • LOWEST EVERYDAY PRICES!

GREER'S GOT IT! WE GUARANTEE IT!

FINEST MEATS
CUT FRESH DAILY!

1.17 LB.
Plus 10% at checkout
FRESH QUARTER SLICED PORK LOIN
Premium, All Natural



.90 LB.
SANDERSON FARMS FRESH FRYER DRUMSTICKS OR THIGHS
Grade 'A', All Natural, Family Pack

2.72 LB.
BONELESS BOTTOM ROUND OR RUMP ROAST
Premium, USDA Select, Black Angus Beef

7.18 LB.
SEMI BONELESS RIB EYE STEAKS
Premium, USDA Select, Black Angus Beef, Family Pack

5.45 LB.
SEMI-BONELESS RIB EYE STEAKS
USDA Inspected Beef, Family Pack

1.62 LB.
FRESH SLICED BONE-IN CENTER CUT PORK CHOPS
Premium, All Natural, Family Pack

2.72 LB.
WHOLE BONELESS CHUCK TENDER
Premium, USDA Select, Black Angus Beef, Cut & Wrapped Free

2.17 LB.
LEAN & TENDER ST. LOUIS STYLE PORK RIBS
All Natural, 1 Piece

2.98 LB.
BONELESS BOTTOM ROUND STEAKS
Premium, USDA Select, Black Angus Beef, Family Pack

2.72 EA.
BRYAN HICKORY SMOKED SLICED BACON
12 Oz. Pkg.

3.63 EA.
JOHNSONVILLE BRATWURST OR ITALIAN SAUSAGE
19 Oz. Pkg. Assorted Varieties

.90 EA.
SUGARDALE ALL MEAT HOT DOGS
12 Oz. Pkg.

1.81 EA.
CAROLINA PRIDE COCKTAIL SMOKIES
14 Oz. Pkg.

#1 PRODUCE FRESHEST QUALITY EVERY DAY!

2.28 EA.
Plus 10% at checkout
BLUEBERRIES
Pint

1.17 LB.
Plus 10% at checkout
GALA APPLES

.46 LB.
Plus 10% at checkout
IDAHO BAKING POTATOES

1.63 LB.
Plus 10% at checkout
BROCCOLI CROWNS

2018 VOTED BEST LOCAL GROCERY STORE 4 YEARS IN A ROW!

CONNECT WITH YOUR LOCAL Greer's

YOUR 5TH GENERATION FAMILY-OWNED COMMUNITY GROCERY STORES!

THANK YOU FOR CHOOSING AND TRUSTING US TO SERVE YOUR FAMILY!

WWW.GREER'S.COM VISIT OUR WEBSITE FOR WEEKLY ADS, LUCY'S RECIPES, COOKING VIDEOS, COUPONS, KIDS CORNER & MORE!

GREER'S TEAM VISION TO BRING ADDED JOY, WELL-BEING AND VALUE TO PEOPLE'S LIVES!

GREER'S IS DIFFERENT WE GUARANTEE CLEAN, FRIENDLY, FULL VARIETY STORES WITH THE HIGHEST QUALITY & LOWEST PRICES EVERYDAY!

Local Caring Sharing Hope!

Heart to Heart
Healthy Lifestyle Choices
Make physical activity a priority and commit to moving more today!
Make healthy eating a priority and commit to eating smarter.
Heart disease and stroke may be prevented by understanding your numbers, like blood pressure. Monitor it regularly. goredforwomen.org
Chef Lucy Greer Watch "In the Kitchen with Lucy Greer" on Wednesdays at 9:00 am. on Fox 10.
Find Lucy's recipes online at greer.com/recipes Connect with Lucy on

SAVE YOUR GREER'S RECEIPTS!
Don't Miss Double Credit Day February 16!
Your receipts help local schools earn FREE educational equipment and supplies!
AFTSGREERS.COM

February Kids Coloring Contest
One coloring contest winner at each store will receive an Apples for Students Bag filled with Hearts, Beads, Moon Pies & More!
Winners announced Saturday, February 23, 2019!
Color the Weather! Each Month, Too!

Lucy's Signature

PANKO PARMESAN CHICKEN

- YOUR WELL-BEING MATTERS TO US! CHOOSE HEALTHY!

INGREDIENTS

- 2-4 boneless, skinless chicken breasts
- 1/2 cup flour
- 2 eggs
- kosher salt

- black pepper
- olive oil
- butter

BREADING

- 2/3 cup panko breadcrumbs, or original breadcrumbs

- 1/3 cup Parmesan cheese, grated
- 1/2 teaspoon garlic powder
- 1/2 teaspoon dried oregano
- 1/4 teaspoon chipotle chili powder
- 1/4 teaspoon kosher salt



DIRECTIONS - Breading: stir panko breadcrumbs, parmesan cheese, garlic powder, dried oregano, chipotle chili powder, and kosher salt together in a bowl. Pour onto a plate or shallow dish. Pour flour onto a plate or shallow dish. Place eggs in a shallow bowl or dish. Whisk. Place 1 boneless skinless chicken breast in a gallon size plastic storage bag. Use a meat mallet, rolling pin or heavy skillet to pound out the meat evenly all the way across to make it a thin chicken breast, about 1/4 inch thick. Repeat with all chicken breasts. Sprinkle panko chicken breasts with a little kosher salt and black pepper. Coat chicken with flour on both sides. Then dip into the egg mixture. Coat on both sides with egg. Then dip into the panko parmesan mixture. Coat on both sides. Place breaded chicken breasts into a large skillet heated over medium high heat with 2 tbsp. olive oil and 1 tsp. butter. Cook until lightly browned 1-2 minutes. Flip over and cook 1-2 minutes on other side. Transfer chicken breasts to a baking sheet or keep chicken in the same skillet you sauteed it in. Bake at 350 degrees for 10-12 minutes until chicken is cooked through.



FIND LUCY'S RECIPES ONLINE AT GREERS.COM/RECIPES. WATCH LUCY PREPARING HER RECIPES ON STUDIO 10 EVERY WEDNESDAY AT 9 AM.

4.99
Plus 10% at checkout
BLUE BELL ICE CREAM
Half Gallon

.99
Plus 10% at checkout
COKE PRODUCTS
2 Liter Bottle

.79
Plus 10% at checkout
BEST CHOICE HAMBURGER OR HOT DOG BUNS
8 Ct.

19.15
Plus 10% at checkout
BUD OR BUD LIGHT
24 Pack 12 Oz. Cans

2/\$4
Plus 10% at checkout
LAY'S XXL POTATO CHIPS
10 Oz.

5/\$5
Plus 10% at checkout
KRAFT BBQ SAUCE
17.5-18 Oz.

2/\$5
Plus 10% at checkout
BLUE PLATE MAYO
30 Oz.

9.95
Plus 10% at checkout
KENDALL JACKSON VINTNER'S RESERVE CHARDONNAY
750 Ml. Bottle

2/\$5
Plus 10% at checkout
NABISCO SNACK CRACKERS
7-9 Oz.

2/\$4
Plus 10% at checkout
KRAFT CHUNK CHEESE
8 Oz.

2/\$3
Plus 10% at checkout
TACO BELL SALSA
16 Oz.

3/\$5
Plus 10% at checkout
KRAFT SALAD DRESSING
16 Oz.

2/\$5
Plus 10% at checkout
CHEEZ-IT CRACKERS
12.4 Oz.

4/\$5
Plus 10% at checkout
PRINGLES
4.8-5.7 Oz.

2/\$4
Plus 10% at checkout
KRAFT AMERICAN CHEESE SINGLES
12 Oz.

2/\$4
Plus 10% at checkout
PILLSBURY ICED CINNAMON ROLLS
12.4 Oz.

3.99
Plus 10% at checkout
DIGIORNO PIZZA
21-31.6 Oz.

DELI & BAKERY HOT MEALS, SALADS & ENTREES - FRESH | READS & COOKIES! DINE IN OR TAKE OUT!

2/\$4
Plus 10% at checkout
RESER'S SALADS
16 Oz. Assorted Varieties

1.96 EA.
Plus 10% at checkout
MUFFIN TOWN CORNBREAD
15 Oz. Original or Jalapeño

1.00 EA.
Plus 10% at checkout
PRAIRIE CITY OOYEGOOEY CAKE
2 Oz.

3.99 LB.
Plus 10% at checkout
KRETSCHMAR HAM OFF THE BONE

3.95 LB.
Plus 10% at checkout
KRETSCHMAR COLBY JACK CHEESE

3.99 LB.
Plus 10% at checkout
FRIED CHICKEN TENDERS
Original or Buffalo Never Frozen & Hand Breaded In Store!

PRICES EFFECTIVE: JANUARY 30 - FEBRUARY 5, 2019

VOTED BEST LOCAL GROCERY STORE 2015 • 2016 • 2017 • 2018

4051 Barrancas Avenue • Pensacola, FL 32501 850-439-5329

12255 Lillian Hwy. • Pensacola, FL 32506 850-455-2719