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Lucy Greer



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CONNECT WITH LUCY ON FACEBOOK. CHECK HER RECIPES ONLINE AT GREERS.COM/RECIPES

Lucy's Signature ITALIAN PORK CHOPS



INGREDIENTS

- Pork Chops:**
- 2 center cut boneless pork chops
 - ¼ cup italian bread crumbs
 - ¼ cup grated parmesan cheese
 - zest of 1 lemon
 - 1 egg
 - ½ cup flour
 - kosher salt
 - black pepper
 - 2 tablespoon olive oil
 - 1 tablespoon butter

Citrus Vinaigrette:

- juice of 1 lemon
- 1 teaspoon dijon mustard
- ½ cup olive oil
- 1 teaspoon honey
- ¼ teaspoon kosher salt
- 1/8 teaspoon black pepper

DIRECTIONS

Season pork chops on both sides with salt and pepper. Set up 3 step breading process. Pour flour on a plate. Pour bread crumbs and Parmesan cheese on another plate together and mix until combined. Whisk egg and lemon zest together in a shallow bowl. Heat olive oil and butter in a skillet over medium high heat. Place 1 pork chop in flour, and coat on both sides. Shake off excess flour, and then place in egg mixture. Coat on both sides, and then place in breadcrumb mixture. Coat on both sides. Place pork chop in skillet and repeat process with the other pork chop. Brown pork chops on each side for 2-3 minutes until nicely browned. Transfer skillet to a 350 degree oven for 10 minutes until pork chops are cooked through and at an internal temperature of 140 degrees. If your skillet is not oven safe, transfer pork chops to a cookie sheet or baking dish. Vinaigrette: In a small bowl whisk together lemon juice, orange juice, honey, Dijon, salt and pepper. Drizzle in olive oil while whisking. Toss vinaigrette with mixed greens, and serve along side pork chops.



Find all Lucy's Recipes at greers.com/recipes

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